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COOL GIRLS

COOL TALK

Spreading Cool News Throughout Atlanta



A Beautiful Me 2015

I AM INSPIRED...



What If...

- **16 million children did not live in poverty**
- **All girls graduated high school**
- **All girls had resources to break cycles of teen pregnancy**
- **All girls received individualized mentorship from a caring adult**

Cool Girls has turned these "What Ifs" into realities for over 6,000 girls for 26 years through life-changing programs. Take, Cool Girl of the Year, Haja Sheriff...who began with our program in third grade as a shy girl from another continent, looking for acceptance among her peers. After twelve years of continued participation in our programs Haja can stand with other confident Cool Women and proclaim "I have learned through Cool Girls to value and embrace our differences in life and that has helped me become more confident in myself." It is because of Cool Girls holistic programs and consistent presence in her life that Haja can face any challenge, including those presented to her while a pre-Med Junior at Georgia College & State University.

With '**A Beautiful Me**' day-long workshop, 150 girls will spend a Saturday on Atlanta Technical College's campus learning all about puberty, self-defense and being *inspired* to change the world around them. Girls will participate in 4 workshops aimed at assisting them with the changes that are occurring in their bodies and understanding that they have a choice in what their future holds. The day will continue with a movie premiere of the 'Empowerment Project' geared toward teaching our girls to be FEARLESS in the pursuit of their dreams.

After a day full of education and inspiration each girl will leave with an empowerment bag to remind them to Dream Big, Inspire Others and Change the World!

What if you could BE the change? Will you join us today with your gift to change girls lives.

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